



The 8 mile route



Our friendly volunteer marshals are placed throughout the route to ensure your enjoyment & safety. If you should have any questions along the way please let them know. Should you require medical attention please inform a marshal who will call South West Response on 07564 833312 or 999 in the case of a life threatening situation.

The full route:-

Leave the Double Locks and head towards the swing bridge on Bridge Rd. At Bridge Rd turn left and left again onto Countess Wear Rd. Turn onto Mill Lane and then left onto Lime Kiln Lane. Turn left onto Countess Wear Road and then left onto Mill Rd. Turn right at the public footpath onto Mill Lane, at the split turn left towards the white house, (not towards the crematorium).

Follow the footpath along the River Exe and turn off left after the University pitches onto Duckes Meadow. Cross the footbridge and join footpath and head towards the Exeter Quay on the Haven Banks Outdoor Education Centre side of the river. At Cricklepit bridge continue along the same side of the river past The Harvester restaurant until you reach Millers Crossing bridge where you cross the river towards the Mill on the Exe pub. Turn right onto Bonhay Road and after the buildings on the right, turn right, down the slope and head back towards Exeter Quay.

Having reached Puerto Lounge/Samuel Jones at the blue bridge continue along this side of the river, under the transit shed, past The Waterfront and the Port Royal pub. Having passed Trew's Weir Court turn right and cross the suspension bridge, walk under the next narrow bridge (across the flood relief area) and turn left & head back along the footpath towards Double Locks.

Please be aware any unplanned stop offs or diversions to the intended route will be considered outside of the event parameters & not covered by Hospiscare insurers. Should you choose to consume alcohol prior to or during the walk, due to the hazards en route Hospiscare will not be held responsible for any subsequent incidents that might occur.

Whilst you are welcome to stay at the Double Locks after 6.30pm (when this event finishes), please note Hospiscare will no longer be responsible for you.