

I look forward to  
Tuesday all week

## Day centres

Hospiscare has three day centres, at their hospice in Exeter, at Seaton and in Tiverton.



### A day out

Hospiscare's day centres are warm, friendly and caring. Patients have nursing care and support for the day, plus enjoy a wide range of therapies and activities.

Many people find they benefit from the mutual support of sharing experiences with others in a similar situation. It also gives families and carers a welcome break.

Patients are looked after for the day by qualified nursing and support staff, as well as specially trained volunteers.

### Centre of care

At a day centre, patients can access Hospiscare's expertise, and enjoy some personal comfort in a place where people understand the difficulties of coping with an illness.

Day patients can benefit from talking to our nurses, having a massage or assisted bath, enjoying hair and hand care, a freshly prepared meal or taking part in creative activities.

### How do I join a day centre?

Ask your Hospiscare nurse if you would like to attend a day centre. A day centre nurse will visit you, and allocate you a place in an appropriate centre. Patients attend a regular weekly session, and the placement is reviewed after six months.

A family member, carer or friend can accompany patients on their first visit and are invited in at various times throughout the year.

[More about day centre activities](#)

### Related Links

- [Day centre activities](#)

What you can expect to find at a day centre

- [More about complementary therapy](#)

Find out more about what we offer

- [Volunteer for Hospiscare](#)

Find out more about helping in a day centre